

Bachelor of Counselling and Sustainable Living (BCSL)

Draft Proposal – September 2016

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No	Courses
YEAR 1	
1	Eco-philosophy, knowledge frameworks (Sustainability practices)
2	Ecological problems and sustainable living (Exploration of the causes of unsustainable living)
3	Interpersonal communication (18 hours of practical counselling work)
4	Developing person-centred counselling skills (18 hours of practical counselling work)
5	Human development and developmental traumas (18 hours of practical counselling work)
6	Neuroscience and mental illness (18 hours of practical counselling work)
YEAR 2	
7	Self-psychology and intersubjectivity (+12 personal counselling sessions) (18 hours of practical counselling work)
8	Somatic awareness and mindfulness in counselling (18 hours of practical counselling work)
9	Ethics in counselling and psychotherapy (18 hours of practical counselling work)
10	Counselling practice and cultural and gender awareness
11	Counselling practice and addictions
12	Counselling practice in organisations & fieldwork placement (Zoom supervision)
YEAR 3	
13	Counselling clinic (Course in supervision)
14	Ecopsychology and sustainable living (+ 12 personal counselling sessions) (18 hours of practical counselling work)
15	Working with psychosomatic signs and symptoms (18 hours of practical counselling work)
16	Lifestyle choices and physical and mental health
17	Food choices and well-being
18	The sustainability revolution
YEAR 4	
19	Spirituality, sense of place, and indigenous living (18 hours of group work)
20	Sustainability and environmental education
21	Facilitating sustainable living seminars (18 hours of group work)
22	Ecologically aware counselling practice (18 hours of practical counselling work)
23	Environmental education fieldwork placement (Course in supervision)
24	Eco-counselling clinic and group process (18 hours of group work)

- Texts in brackets describe the themes of the residentials
- Courses highlighted in yellow do not have a residential but extended zoom contact hours
- Format: Blended and cohort-based learning
- Counselling practice in residentials: 126 hours
- Group work in residentials: 54 hours
- Courses in supervision: 36 hours